

Welcome Activity



Five Corners:

- Follow along as I read each quote to you.
- Decide which quote you connect with the most today, the one you want to talk about.
- When I say go, move to the poster in the room that displays that quote.
- If there are more than four people at your poster, break into smaller groups of up to four, so everyone will have a chance to share.

“I am convinced that the truest act of courage...is to sacrifice ourselves for others in a totally non-violent struggle for justice.”

— Cesar Chavez

"The original definition of courage is to tell the story of who you are with your whole heart."

— Brené Brown

“Life shrinks or expands in
proportion to one's courage.”

— *Anais Nin*

“Being deeply loved by
someone gives you strength,
while loving someone deeply
gives you courage.”

- Lao Tzu

“If one has courage, nothing can dim the light that shines from within.”

— Maya Angelou