



Social and Emotional Learning in Oakland Unified School District

CURRENT REALITY

- Some evidence-based SEL programs used — not systemically
- Fragmented common understanding of SEL
- Untapped assets across students, schools, central office, community partners
- Some professional development
- Limited resource alignment & communication structure
- Need shared SEL vision & long-term plan
- Need student & adult SEL standards and monitoring/evaluation
- Initiative fatigue across the system

2014 Refine

2013 Practice and Support

2012 Awareness, Listening and Learning

STAGES OF THE JOURNEY

High priority by Oakland Youth

Commitment in Strategic Plan

We're building on our Assets (history, diversity, experience)

SEL DEFINITION

Social and emotional learning (SEL) is a process for helping children and adults develop the fundamental skills for life effectiveness. These are the skills we all need to handle ourselves, our relationships, and our work effectively and ethically.

SEL skills include:

- understand and manage emotions
- set and achieve positive goals
- feel and show empathy for others
- establish and maintain positive relationships
- make responsible decisions
- handle challenging situations constructively and ethically

SELF-MANAGEMENT

Managing emotions and behaviors to achieve one's goals

SELF-AWARENESS

Recognizing one's emotions and values as well as one's strengths and limitations

SOCIAL AWARENESS

Showing understanding and empathy for others

Social & Emotional Learning

RESPONSIBLE DECISION-MAKING

Making ethical, constructive choices about personal and social behavior

RELATIONSHIP SKILLS

Forming positive relationships, working in teams, dealing effectively with conflict

OUR VISION 2020

We've transformed into a thriving district...

Schools are centers of healthy living and learning

- SEL skills taught, modeled, and practiced
- SEL competencies visible at every level
- Conflicts solved peacefully

We educate the whole child and serve the whole community

- Race, class, gender and sexual orientation no longer predictors of school success
- 100% graduation rates

INCREASED ACADEMIC SUCCESS for all!

Everyone strengthens their social competencies to connect across race, class, culture, gender, and sexual orientation.