

Demystifying System Social & Emotional Learning: SEL & Academic Integration

PANELISTS' RECOMMENDED RESOURCES

Webinar Series, Part 1 of 10

- [Demystifying Systemic SEL: Explicit Instruction](#) - Access the recording, presentation deck, and resources from part one of this webinar series.

From CASEL

- [SEL Integrated with Academic Instruction](#) (CASEL & ThinkTV PBS; 5:28) Discover ways to integrate SEL into daily academic instruction using social and emotional competencies as the foundation for achieving academic goals. This video is part of a series that provides practical applications for educators pursuing high-quality, schoolwide SEL.
- [CASEL Guide to Schoolwide SEL: Integration of SEL and Instruction](#)
Provides an overview of integration of SEL into academic learning in a classroom setting, examples, and key considerations for high quality instruction.
- [CASEL Guide to Schoolwide SEL: Teacher Self-Assessment - SEL In the Classroom](#)
This tool helps teachers track and reflect on their use of integration strategies and other ways of promoting social and emotional development in the classroom.
- [CASEL Guide to Schoolwide SEL: Using Grade-Level Team Meetings to Support the Integration of SEL into Instruction](#)
This tool provides guidance for using grade-level team meetings to collaborate and reflect on strategies for SEL integration.
- [SEL Trends: Integrating with Academics](#)
From CASEL's SEL Trends series, this issue features DuPage County, Nashville, and Sacramento school districts' processes and strategies for integrating SEL deeply within academic approaches, and includes sample resources from each district.
- [Edutopia: How a District Integrates SEL with Academics](#)



A series of videos and articles on how Metro Nashville Public Schools implements social, emotional, and academic development across grade levels.

- [District Resource Center: Reflect on Progress Toward Annual SEL Goals](#)
CASEL's guidance for school districts outlines strong data collection and reflection practices and a process for engaging students, families, community partners, and staff in data reflection for continuous improvement.
- [CASEL Guide to SEL Programs](#)
To support educators in selecting a high-quality SEL program, our Program Guide shares CASEL reviewed SEL programs (pre-kindergarten through high school) and the impact they have on student and/or teacher outcomes. While evidence-based SEL programs prioritize explicit instruction of SEL, many also elevate integration with academic instruction, as well. Within the Guide, users can filter for programs that prioritize integration of SEL (lessons and/or practices) and academic instructional content and practices (such as an ELA, social studies, or mathematics curriculum that incorporates SEL lessons or practices).

From Dr. Steven Becton, *Facing History and Ourselves*

- [Biased: Uncovering The Hidden Prejudice That Shapes What We See, Think, And Do](#) by Jennifer Eberhardt
- [We Want to Do More Than Survive: Abolitionist Teaching And The Pursuit Of Educational Freedom](#) by Bettina L. Love

From Dr. Alison Gould Boardman, *University of Colorado Boulder*

- [Compose Our World Book](#) - Based Learning Design Principles for English and Language Arts
[CLICK HERE](#) to access free Compose Our World Project Based Learning in English Language Arts curriculum materials
- [Authenticity Brings Project-Based Learning to Life: How to Ensure It's at the Center of Instruction in Your Classroom](#) - International Literacy Association blogpost on authenticity.

From *Dr. Sara Rimm Kaufman, University of Virginia*

- [Empowering Elementary Students through Environmental Service-Learning](#) Merritt Harkins and Rimm-Kaufman 2021
- [Can service-learning boost science achievement, civic engagement, and social skills? A randomized controlled trial of Connect Science](#) Rimm-Kaufman Merritt Lapan DeCoster Hunt and Bower -- Connect Science Efficacy Paper -- 2021
- [Let's Power Our Future: Integrating science and social and emotional learning improves collaborative discourse and science understanding](#) An easy-to-read article on integrating science and SEL, Rimm-Kaufman, Merritt 2019 Science and Children
- [SEL from the Start: Building Skills in K-5](#) - Sara Rimm-Kaufman's easy-to-read guide for starting out the year well with SEL
- [Connect Science](#) – an approach to service-learning that integrates SEL, science and service learning; listed in the CASEL Program Guide as a Promising Practice. More information about Connect Science: [Merritt, Harkins & Rimm-Kaufman, 2021](#)
- [Remaking Middle School Learning Series](#) - Rich resources on Middle School SEL on at UVA Youth Nex
- [SEL from the Start: Building Skills in K-5](#) by Sara Rimm-Kaufman
An easy-to-read guide for starting out the year well with SEL