Demystifying Systemic Social and Emotional Learning:
Explicit Instruction

PANELISTS' RECOMMENDED **RESOURCES**

View Recording here:

Recommended by CASEL

- **Explicit SEL Instruction** (CASEL & ThinkTV PBS; 7:26)
  Explores how explicit instruction in SEL helps students develop and practice social and emotional competencies. This video is part of a **series** that provides practical applications for educators pursuing high-quality, schoolwide SEL.

- **CASEL Guide to Schoolwide SEL: Explicit SEL Instruction**
  Provides an overview of explicit SEL instruction in a classroom setting, examples, and key considerations for high quality instruction.

- **SEL Alignment Tools** (Wisconsin Department of Public Instruction)
  The Wisconsin Department of Public Instruction invited SEL program providers to share crosswalks to show the alignment between their evidence-based programs and Wisconsin's SEL standards. This page includes information about each program, alignment charts, and webinars to introduce program consultants.

- **District Resource Center: Reflect on Progress Toward Annual SEL Goals**
  CASEL's guidance for school districts outlines strong data collection and reflection practices and a process for engaging students, families, community partners, and staff in data reflection for continuous improvement.

- **An Examination of K-12 SEL Learning Competencies and Standards in 18 States**
  A tool about the role of states in establishing statewide SEL standards that guide what/how schools teach SEL explicitly.

While evidence-based SEL programs can also be focused on integration with academic instruction and building a supportive climate and culture, the majority of evidence-based programs are centered on explicit instruction.

- **CASEL Guide to SEL Programs**- To support educators in selecting a high-quality SEL program, our Program Guide shares CASEL reviewed SEL programs (pre-kindergarten through high school) and the impact they have on student and/or teacher outcomes.

- **Selecting an Evidence-Based Program** - This tool offers questions to use in a survey or listening tour to learn from parents, staff, and students as you develop criteria for selecting an evidence-based SEL program. It also includes a rating table template to compare programs of interest.

- **Practices of Promise: Selecting Evidence-Based Programs Through Meaningful Partnerships – El Paso Independent School District** - Peek into El Paso Independent School District's process for engaging staff, families, and communities in examining and selecting evidence-based SEL programs that align with their school communities' needs and districtwide vision.

Recommended by David Adams, CEO, Urban Assembly

- **Instructional Interactions and Literacy: Supporting Classroom Instruction through Teacher Social Emotional Skill Development**

- **Social-Emotional Competence among Students with Special Needs: Relationship between Foundational and Applied SEL Skills**

- **Integrating Social-Emotional Learning Isn't Easy. Here's How It's Done**