



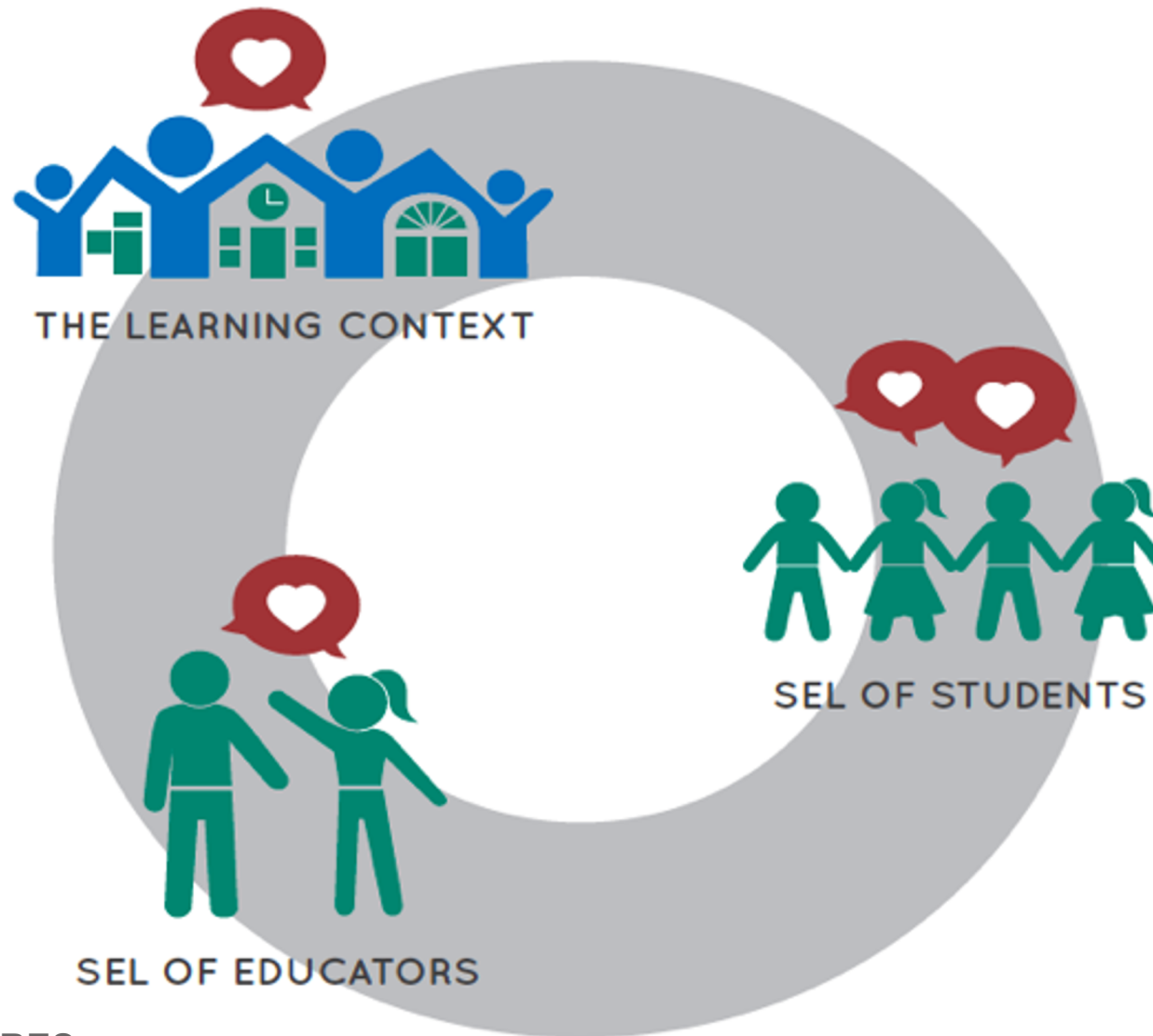
CASEL CARES INITIATIVE
Connecting the SEL Community



Cultivating Adult SEL in Unprecedented Times

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ESSENTIAL INGREDIENTS OF SCHOOL-WIDE SEL



Holistic Perspective



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Key Messages: The 4 R's of Indigenous Philosophy

- **RESPECT**
- **RELEVANCE**
- **RECIPROCITY**
- **RESPONSIBILITY**



Key Takeaways

- **Intentional and explicit attention to supporting adult SEL is central** for creating safe, supportive, and equitable learning environments that support the social and emotional development and well-being of all students.
- **Educators' social and emotional competence (SEC) is inextricably linked to the well-being and SEC of children and youth**, and is critical for the implementation of SEL programs and practices.
- **Educators' social and emotional skills are malleable** and can be promoted through evidence-based programs.
- **Integrating SEL into educator preparation is essential** for scaling up SEL into classrooms and schools across the country and beyond.

