



CASEL CARES INITIATIVE
Connecting the SEL Community

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SEL and Play: It's More than Fun and Games

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KEY TAKEAWAYS

1. Social, emotional, and academic benefits of play make it **a critical component of strategic school planning.**
2. Existing inequities that deprive some young people of opportunities to play is a social injustice issue, creating a **need for ongoing advocacy and action.**
3. The elements of joy and fun in play **help promote healing from trauma.**
4. **Play is fun**, and a whole lot more!

