



## Social and Emotional Learning and Digital Citizenship

### PANELISTS' RECOMMENDED RESOURCES

*Building Connections Webinar:* <https://casel.org/weekly-webinars/>

#### **From *Commons Sense Education***

- [Digital Citizenship Research Background, Common Sense Education, 2021](#) (Slide 15) - To learn more about the research supporting digital citizenship, visit our research background.
- [Digital Citizenship Curriculum landing page](#) (Slide 19) - If you would like to see the full scope and sequence of the digital citizenship curriculum
- [SEL in Digital Life Resource Center](#) (Slide 34) - This summer we launched a resource center to host all the SEL in Digital life resources we have developed.
- [Teacher's Essential Guide to SEL in Digital Life \(Slide 35\)](#) - Common Sense created a Teacher's Essential Guide to SEL in Digital Life where you can access the dispositions chart as well as other commonly asked questions about digital citizenship and its connection to SEL.
- [SEL in Digital Life, Skills & Dispositions progression](#) (Slide 35, Skills and dispositions) - You can view the full SEL in Digital Life Skill and Disposition chart
- [Digital Citizenship Week landing page](#) (Slide 36) - Digital citizenship week can be a great way to get started with digital citizenship at your school. This year the theme is "Social and Emotional Well-Being".

#### **Research:**

- [The Common Sense Census: Media Use By Tweens and Teens, 2019](#) (Slide 8) - This is our 2019 report on media use amongst tweens and teens. It provides a snapshot of the trends leading up to the start of the pandemic.
- [The Common Sense Census: Media Use By Kids Ages Zero to Eight, 2020](#) (Slide 8) - Our 2020 report was completed a few days before lockdown started in the U.S. and it helps give a baseline understanding of the types of changes that the pandemic helped accelerate.



- [The Internet and the Pandemic, Pew Research Center, 2021](#) (Slide 7) - This report by the Pre Research center contains useful information to understand how remote work and learning have impacted the lives of people in the U.S.
- [Coping with COVID-19: How Young People Use Digital Media to Manage Their Mental Health, Common Sense Media, 2021](#) (Slide 9) - Conducted at the height of the pandemic September-December 2020, this study illustrates how young people have made use of digital media to address their mental health needs.